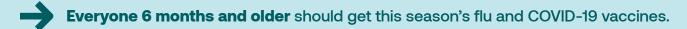
Flu and COVID-19: What You Should Know

Flu and COVID-19 are illnesses caused by viruses that can spread through the air. Did you know...?

People who are 65 and older; who are pregnant; who have certain medical conditions like lung disease, obesity, diabetes, or heart disease; or who have a weakened immune system are more likely to get very sick or need hospital care from flu and COVID-19.



Flu and COVID-19 vaccines **keep your symptoms mild** if you do get infected.

Prevention is ALWAYS the best option—vaccines can help you **risk less and do more!**

